

## TRAINING GUIDELINES

### PURPOSE

Carnegie Netball Club is committed to ensuring that we provide a safe environment for our members.

### GUIDELINES

- All players are expected to attend their weekly training sessions. They are expected to arrive on time and fully prepared to commence warm-up.
- Players must be a member of the club and have current VNA insurance to attend training. This is an important risk management policy of the club.
- If a player is unable to attend training due to illness or other commitments, the team coach must be notified at the earliest possible convenience i.e., a phone call or text before training. This assists coaches in planning and ensures coaches are not concerned that your child should be at training.
- If the player misses training without any prior notice, or without any explanation, they can be penalised with less court time. This is at the discretion of the coach.
- Appropriate sports shoes (runners) must be worn. If the player does not have the correct footwear it could be unsafe. The coach may deem the player unfit to train.
- Training times will be at the coaches discretion and should be determined at the start of the season.
- It is the responsibility of parents and carers to ensure their children are either 1) picked up directly from training on time or 2) if alternative arrangements are in place for example, a child is making their own way home, this is communicated to the coach by the parent via phone call or text.
- The cancellation of training due to bad weather or other unforeseen circumstances, and how this is communicated to players and parents, is at the discretion of the individual coach. Therefore please ensure you speak to your coach or team manager regarding this issue, and that appropriate contingencies are in place.